

2012-13

GLD XC Clinic & Tour de Ski



Thursday-Sunday December 27th-30th, 2012

Boyne Valley Lodge

Walloon Lake, MI

(231) 535-2475

Entry Fee: \$100 Junior/\$110 Senior Clinic Only (Wed & Thur nights Lodging w/meals)
\$150 Junior/\$160 Senior Race and Clinic (Thur-Sat nights Lodging w/meals)
1st 28 Juniors get a \$50 scholarship from Michigan Cup.
Race Only: \$20 Jr/\$30 Senior with Lunches
Lodging with BF \$30/person/night

Schedule: VIDEO TAPING AND REVIEW AS NEEDED

	Thursday:	Friday:	Saturday:	Sunday:
8:00 am	Breakfast	Breakfast	Breakfast	Breakfast
9:00 am	Register at B.V.L.		1 Km CL Qualifier	Pick-up Bibs
10:00 am	CL Session-2 hrs	3rd session-2 hrs	1 Km CL rounds	6/9 km CL Interval Race
12:00 pm	Lunch	Lunch	Lunch	Lunch
3:00 pm	FS session-2 hrs	Free Skiing	2 Km FS uphill prologue	
6:00 pm	Dinner	Dinner	Dinner	
7:00 pm		Toko Wax Clinic		

Bring Cl and/or FS skis, boots, poles and wax.

Register on-line at "SkiReg.com"

(Check One) Clinic Only Both Race and Clinic Race Only

Team Name _____

Mail or E-mail Registration to:

Name _____

Nick Baic

Address _____

PO Box 25

City _____

Walloon Lake, MI 49796

State _____ Zip _____

e-mail: nbaic@charter.net

(M or F) _____ Age _____ (As of 12/31/12)

By signing this Acknowledgment of and Assumption of Risk and Release as Self or Parent/Guardian, I am consenting to the competitor's participation in competitive skiing and training and acknowledge that I understand that any and all risk, whether known or unknown, is expressly assumed by me and all claims, whether known or unknown, are expressly waived in advance.

Date: _____

Signature of Skier (parent/Guardian if competitor is under 18 years old)